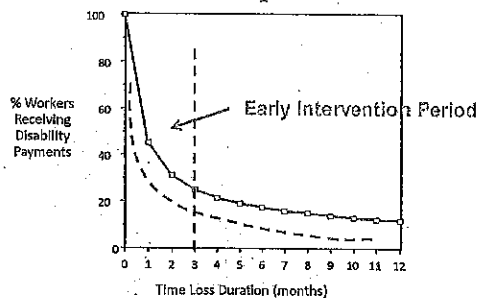


CA Joint Legislative Work Session: Opioids and Workers' Compensation

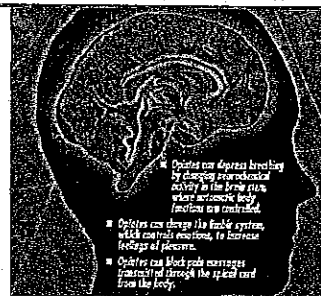
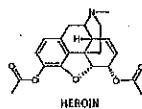
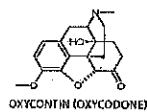
Wed March 20, 2013

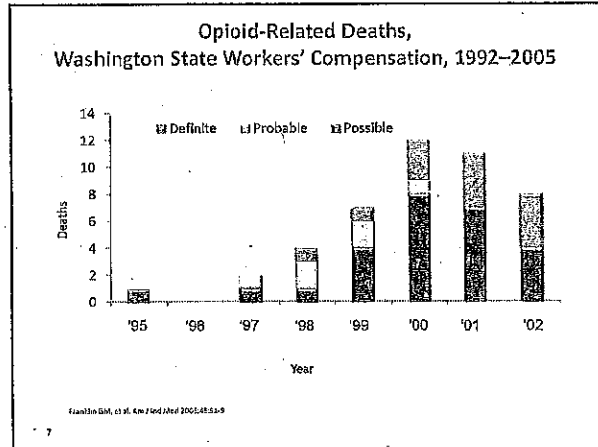
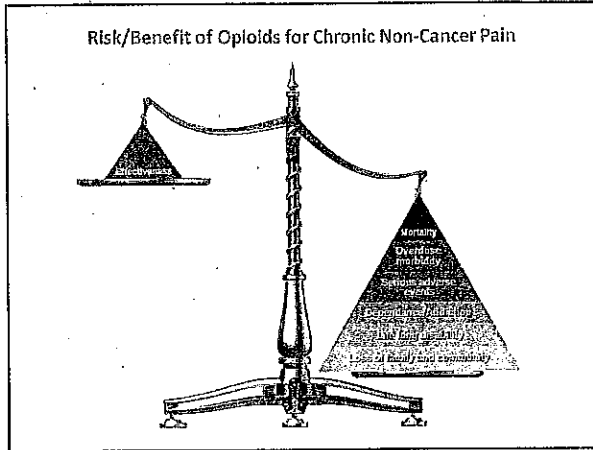
Gary M. Franklin, MD, MPH
 Medical Director, WA Dept of Labor and Industries
 Research Professor, Univ of Washington

Preventing disability/chronic pain in workers' compensation



Similarities Between Illicit & Prescription Drugs






Opioid Use in Workers' Compensation

- **Prevalence**
 - Among national WC population, 32% use opioids
 - Over time, opioids are prescribed in higher potencies and larger doses for musculoskeletal injuries
- **Impact on Recovery**
 - Receiving ≥ 1 week supply of opioids or ≥ 2 opioid prescriptions soon after a back injury doubles a worker's risk of disability at 1 year post-injury
- **Opioid-related Adverse Outcomes**
 - Opioid-induced hyperalgesia, inhibition of endogenous sex hormone production, neonatal abstinence syndrome, central sleep apnea, opioid use disorder, overdose or death

Washington Agency Medical Directors' Opioid Dosing Guidelines

- **Developed with clinical pain experts in 2006**
- **Implemented April 1, 2007**
- **First guideline to emphasize dosing guidance**
- **Educational pilot, not new standard or rule**
- **National Guideline Clearinghouse**
 - <http://www.guideline.gov/content.aspx?id=23792&search=wa+opioids>


www.agencymeddirectors.wa.gov

Open-source Tools Added to June 2010 Update of Opioid Dosing Guidelines

- Opioid Risk Tool: Screen for past and current substance abuse
- CAGE-AID screen for alcohol or drug abuse
- Patient Health Questionnaire-9 screen for depression
- 2-question tool for tracking pain and function
- Advice on urine drug testing

OPIOID DOSE CALCULATOR

Opioid (oral or transdermal)	mg per day	morphine equivalent
codeine	0	0
hydrocodone	20	20
hydrocodone/acetaminophen	0	0
oxycodone	0	0
oxycodone/acetaminophen	0	0
oxycodone	40	40
oxycodone/acetaminophen	0	0
oxycodone	80	80
oxycodone/acetaminophen	0	0
oxycodone	160	160
oxycodone/acetaminophen	0	0
oxycodone	320	320
oxycodone/acetaminophen	0	0
oxycodone	640	640
oxycodone/acetaminophen	0	0
oxycodone	1280	1280
oxycodone/acetaminophen	0	0
oxycodone	2560	2560
oxycodone/acetaminophen	0	0
oxycodone	5120	5120
oxycodone/acetaminophen	0	0
oxycodone	10240	10240
oxycodone/acetaminophen	0	0
oxycodone	20480	20480
oxycodone/acetaminophen	0	0
oxycodone	40960	40960
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oxycodone/acetaminophen	0	0
oxycodone	2621440	2621440
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oxycodone	10485760	10485760
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oxycodone	671088640	671088640
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THANK YOU!

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